Week of 1/20 - 1/24

THE CALVERT CAFE

FEATURES -

MONDAY

cheese louise

THURSDAY

zen

TUESDAY

tandoori

FRIDAY

king tide

WEDNESDAY

& okra

IONDAY

pulled chicken

smoked pork sausage

macaroni & cheese

pimento mac n' cheese

roasted broccoli

UESDAY

tandoori chicken

basmati rice

sweet potato hash

fresh green beans

curried roasted cauliflower

WEDNESDAY

oven fried pork chop

coca cola short ribs

smashed red potatoes

red beans & rice

creamed spinach

URSDA

roasted turkey

ham

sweet potatoes

mac & cheese

green beans

stuffing

FRIDAY

Maryland style crab cake

bbq salmon

jasmine rice

brown butter potatoes

sugar snap peas

SOUPS

MONDAY

tomato basil

TUESDAY

southwest tortilla

WEDNESDAY

broccoli and cheese

THURSDAY

baked stuffed potato

FRIDAY

clam chowder

CONNECT WITH US

Director of Food & Nutrition

bradford.wendt@calverthealthmed.org

Phone: 410.535.8188